



Transition to Post-Secondary Checklist

Educational Supports

- Understand your current IEP and the accommodations that assist you in school.
- Contact the school disability office to understand what is considered proof of a disability.
- Understand what assistive technology works for you and meet with the accessibility advisor.
- Purchase textbooks as soon as possible and save receipts if you require an alternate format.
- Book your intake meeting with the accessibility services office as soon as you are accepted into your post-secondary program.
- Understand how to self-identify as a student with a disability and let professors know if you choose to.
- Enroll in the college/university transition or orientation program for students with disabilities.

Financial

- Understand your funding options.**
 - Self or parent-funded
 - Scholarships
 - OSAP (<http://osap.gov.on.ca/>)
-  Canada Student Grant for Students with Disabilities
-  Bursary for Students with Disabilities (BSWD)

Transition Activities

- Enroll in a summer course on campus.
- Visit the campus as frequently as needed.
- Look into peer mentoring and peer tutoring.
- Seek out and learn about mental health supports available on campus.
- Find class locations.
- Practice to and from campus.
- Plan out your semester in your planner (holidays, exams, etc.)
- Connect with your student government.
- Review college/university websites, course offerings, learning management systems and maps.