

INTERNET SAFETY RULES FOR CHILDREN & TEENS

- Never give out your personal information including your name, phone, and home address.
- Do not post your picture anywhere on-line.
- Do not chat with strangers.
- Don't open an email from anyone that you do not know.
- Don't respond to hurtful, mean or bullying messages.
- Report inapropriate and bullying messages to a trusted adult like a parent or your teacher.
- Never agree to get together with someone you have only met online.
- Take a break from being online and set up some time limits.

